## COPD

Chronic Obstructive **Pulmonary Disease** 



COPD not only affects patients physically, but it can also affect one emotionally. The American Lung Association estimates over 12 million Americans suffer from COPD. This illness causes billions in healthcare costs annually.

Axiom Cares staff members understand how restricting COPD can be for the patient as well as for the family members. Our staff has been trained to help you cope with COPD and implement changes that can prevent unnecessary hospitalization and stress on those involved.



## **Our Axiom Cares Team will:**

- provide an interdisciplinary team to collaborate and create a plan of care to help you be more informed about COPD and ways to prevent avoidable issues;
- educate you on your COPD medications;
- educate you on breathing techniques for COPD;
- educate you on clearing your airways and conserving energy;
- modifying your home and daily routine to maximize your health and allow you to remain active;
- create daily logs to track your lung health and to help identify any warning signs;
- address any concerns early, to prevent unnecessary hospital visits.







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